

From the Principal Continued...

PBL

We have brought our PBL focus back to the PRIDE acronym. As a school our PRIDE values are the basis on which we learn, think and play at our school. They are our school rules.

- We take pride in our learning
- We respect ourselves and others
- We build important relationships
- We demonstrate safe and healthy choices
- We exhibit resilience, responsibility and honesty

To help children remember the acronym, we are chanting it at assembly and staff are working hard to use the terminology when they encourage and correct behaviours of our students. I have already noticed an improvement in students' ability to link what they see and do to the PRIDE values.

Since our last newsletter, we have been targeting our "D" value : We make healthy choices and drink plenty of water and moving safely around the school. To help our students, please consider healthy choices for their lunchboxes. We are constantly bemused by the amount of highly processed food in many lunchboxes. High-salt and high-sugar packaged food such as biscuits and chips, while delicious, will not sustain energy through the day and leave your child feeling hungry. Snacks such as nuts, fruit and raw vegetables coupled with pasta or a sandwich, without sweet fillings, are filling . Energy from the food is also released slowly.

Until next time
Debbie Buckley
Acting Principal



On the **22nd June** the Annual Athletics Carnival will be held. The day involves all track and field events.

A lot of helpers are required on the day to ensure the safety and the smooth running of all the events. We are aware that families enjoy watching their children participate but it would be appreciated if volunteers could help out at the events throughout the day as well.

- Assemble for House War Cries at 8.45am The students can dress in their house colours:
- Events start at 9.30am
- Tuckshop is available on the day
- Ensure you have plenty of water and sunscreen.

STUART : Blue & White

RUSSELL : Green & Yellow